

The Gender and Aging Charter

“Gender Equality in an Ageing World”

The Gender and Aging Charter was adopted at the 2nd International Longevity Forum (Rio de Janeiro, Oct. 16-17 2014), an initiative by the International Longevity Centre Brazil (ILC-BR), co-organized by Bradesco Seguros and the Universidade Corporativa do Seguro (UniverSeg) in association with the Centro de Estudo e Pesquisa do Envelhecimento (CEPE), affiliated to the Instituto Vital Brazil (IVB), and partners from academia, government, civil society organizations and agencies of the United Nations.

Preamble

The social construction of gender informs all aspects of aging in every socioeconomic, cultural and institutional context. Its impact is felt at every stage of the life-course. Rigid prescriptive views on gender roles impose a heavy toll on individuals that result in significant on-going consequences to health and well-being and an enormous underutilization of resources within society. Population aging and other profound demographic changes mean that inflexible gender roles are no longer supportable. **The longevity revolution necessitates the evolution of a new paradigm – one that includes a fresh social contract between women and men. It must be firmly rooted in the *Universal Declaration of Human Rights (1948)* and incorporate the principles of equality, dignity and accountability.** It must lead to more active citizenship, greater social and economic justice and a more inclusive and comprehensive culture of care. There are wide variations in the social architecture of gender both within and between regions. These variations must inform the approaches to address gender disparities. Special attention in all settings must be given to the effects of cumulative gender-based disadvantages. Policy investment that responds to the needs of both current and future older women, who constitute the majority of the older population, is particularly crucial. The research, policy, advocacy and service delivery response to the so-called “feminization of aging” however, must not neglect

specific needs of current and future older men.

The Gendered Experience of Aging

Some gender gaps have become less pronounced. The on-going evolution of cultural notions about gender and the emergence of entirely new gender identities are gradually blurring the perceived boundaries between “femininity” and “masculinity”. There remain significant discrepancies between women and men however, in such areas as life-expectancy, health status, economic/personal safety, social/labor participation and burden-sharing. Older adults are shaped by a lifetime of ascribed gender assumptions that influence key judgments about education, career paths, working arrangements, social networks, family, finances and care-giving. The accumulation of these judgments powerfully impacts on the health and well-being of older adults in multifaceted ways and is enormously consequential to the wider society

The Challenges Ahead

In the context of rapid population aging within an increasingly globalized and migratory world, gender equity is essential to harness the full experiences and capabilities of every person. Fast-moving societal change requires a flexible citizenry. Most social systems (labor protection, social assistance, pension and health care) are already being tested by the new demographic realities. There is an economic as well as a cultural pragmatism about the need for a strong gender focus. Fundamental changes in the way we live, work, retire, learn and provide cares are required. A failure to respond will produce unsustainable burdens and risk divisiveness between women, men and generations. Potentiality at every stage of the life-course must be accepted as a human rights issue in order to realize a comprehensive participation and contribution by every person and to build a fully cohesive society. We additionally need systematic and inclusive data collection and gender-based analysis well into older ages to identify and understand the gaps, to inform actions, to monitor

progress and to evaluate impacts. The opportunities to facilitate genuine choices throughout the entirety of the life-course are compelling.

Universal Responsibility

We declare our responsibility as individuals and societies to end gender discrimination as recognized in the Convention on the Elimination of All Forms of Discrimination against Women (CEDAW, 1979) and the Beijing Declaration and Platform for Action (1995). We must strengthen both international and national laws in relation to the rights of older women and men, seek to refine customary practice at all ages and convene a shared vision of gender equality. We must deliver change through established pillars such as those enunciated in the 3 WHO Active Ageing Policy Framework: health, participation and security (WHO, 2002) and lifelong learning (Caliche, 2013), that reaffirm the UN Principles for Older Persons (1991), complement the Millennium Development Goals (MDG, 2000), the Madrid International Plan of Action on Ageing (MIPAA, 2002), and the Post-2015 Development Agenda on gender equality and the empowerment of women. These four pillars are fundamentally interdependent and together provide a common standard by which individuals, organizations, institutions and governments can be guided and assessed.

Health

We emphasize that health is a fundamental pre-requisite for quality of life. Its complete realization requires careful



attention to all social determinants of health with a strong focus on gender equity. This involves:

1. Promoting health and preventing the onset of disabilities and chronic diseases by reducing their risk factors throughout the life course with particular emphasis on those that are linked to gender.
2. Having equal access to a continuum of gender appropriate health services delivered by professionals who recognize and respond to the specific physical and psychosocial needs of both women and men of all ages.
3. Establishing coordinated systems of support for caregivers that affirm the social and economic value of care-giving, and that respond to the multiple and diverse roles and needs of the women and men of all ages who provide a wide spectrum of care, whether it is paid or unpaid, formal or informal.

Life-Long Learning

We recognize that on-going learning throughout life, whether achieved through formal or informal education, volunteering or other means, is essential to maintain social relevancy. The extra years afforded to life, in combination with the accelerated changes in all spheres of human activity, make the promotion of lifelong learning imperative. Important actions must include:

1. Emphasizing flexible and innovative literacy, educational, training and retraining opportunities for both women and men at all ages according to their needs and aspirations in order to achieve personal fulfillment, security, social cohesion and economic growth.
2. Putting the issue of ageing and its differential impact on women and men in all educational settings and curricula.
3. Promoting self-care and care of others for both men and women at all stages of life.
4. Maximizing the opportunities for intergenerational exchanges within the family, community and workplace that value the skills, experiences, memory and accumulated wisdom of both women and men.

Participation

We recognize the importance of the empowerment of women and men at all stages of life as a means to facilitate their full participation in all economic, social, cultural and political arenas, including through access to decent work (ILO, 1999) by:

1. Reappraising all gender roles in education, employment, leisure activities, culture and religion across the life

course, starting with the critically formative years of youth.

2. Building fair workplace settings that are safe, supportive and fully inclusive of women and men of all ages.
3. Embracing diversity and challenging systemic discrimination, including inter alia, age and gender biases, to widen opportunities for women and men of all ages to better serve their communities.
4. Affirming gender equality as a prerequisite for building a truly democratic society through the full integration of women and men at every age into all civil and political decision-making processes.
5. Upholding the right of women and men of all ages to have access to enabling and supportive environments for personal expression and growth.

Security

We acknowledge that security (UNDP, 1994) is a fundamental and essential human right and that the protection, safety and dignity of women and men of all ages, with a strong emphasis on the most vulnerable, must be fostered by various means – in particular:

1. Responding to the basic needs of all persons with attention to the specific requirements of older women and men, including the right to food, water, shelter, security, occupational safety, health and respect.
2. Alleviating poverty and material deprivation by ensuring

Infos

Eviter d'Utiliser les Sèche-Mains!

Vous avez l'habitude d'utiliser le sèche-mains à la sortie des toilettes? Cette étude pourrait vous faire changer d'avis. Des chercheurs se sont en effet penchés sur l'efficacité des différents modes de séchage des mains, et plus précisément, à la transmission des bactéries liée à chaque technique. Concrètement, ils ont comparé l'utilisation d'un sèche-mains électrique à celle d'un sèche-mains à propulsion d'air et au séchage par des serviettes en papier après le lavage des mains. Le mode le plus hygiénique n'est pas forcément celui que l'on croit... Ce sont les chercheurs de l'université de Leeds, au Royaume-Uni, qui ont réalisé ce test et en ont publié les résultats dans le Journal of Hospital Infection. Les participants à l'étude devaient d'abord se salir les mains en les contaminant avec des lactobacilles. Ils devaient ensuite

égalité pour les femmes et les hommes de tous âges en relation avec les droits de citoyenneté et l'accès aux ressources économiques et la sécurité sociale.

3. Défi et traitement des préjugés de genre sur le risque de prendre des décisions et l'agression qui mènent à l'auto-dommage et au préjudice des autres.
4. Lutte contre l'âge et la discrimination de genre, la violence, l'exploitation, l'abus et la négligence surtout pendant les périodes de conflit et de crise.
5. Donner aux institutions judiciaires et aux agences d'application de la justice tous les instruments de justice pour promouvoir et défendre les droits.

The Way Forward

The transformative nature of global population aging requires all societies to create new conceptual frameworks. It is necessary to totally reappraise who we are, how we relate to our much extended lives and to each other as women and men – as human beings. We must continue to deepen and expand our understanding about gender through interdisciplinary and inter-sectoral collaboration. Our ingenuity for innovation amidst human diversity will help to actualize this quest in distinctive ways. When gender equality is truly embraced, the skills, experiences and resources of women and men of **all** ages will be recognized as intrinsic assets for a fully cohesive, fulfilling, productive and sustainable society.

se les sécher, avec différentes méthodes. Après cela, des échantillons ont été récoltés. Un résultat surprenant selon leurs résultats: le moyen le plus hygiénique est la serviette en papier. En effet, le taux de bactéries avec un sèche-mains à propulsion d'air était 4,5 fois plus élevé qu'avec un sèche-mains électrique ordinaire. Et le sèche-mains à air pulsé, bien que rapide et simple d'utilisation, envoyait 27 fois plus de bactéries que la bonne vieille serviette en papier. Un résultat surprenant qui s'explique notamment par le fait que les personnes n'utilisent pas le sèche-mains à air pulsé pendant une durée suffisante. Mieux vaut donc opter pour la serviette! Néanmoins, n'oublions pas que si les serviettes en papier sont plus hygiéniques, leur usage n'est hélas pas des plus écologiques, produisant des tonnes de déchets chaque année.



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